

# Therapeutic Child-Centred Solutions for Educational Settings

Clear Sky have been providing Play and Creative Arts Therapeutic (PCAT) services for schools, support for families and professional training since 2010. We currently work in over 40 schools across Oxfordshire and provide Attachment Play based professional services across the country.



#### Supporting your setting

Clear Sky only work with fully qualified Play and Creative Arts therapeutic professionals who are able to deliver child-led solutions through the delivery of 1:1

or group interventions, parenting support programmes and teacher training, mentoring and CPD. We are mindful of the pressure on budgets and can create a package of support which addresses the needs of the whole setting, or which provides help with individual pupil needs, bespoke parenting programmes or staff training.

We specialise in providing solutions that support families, gives confidence to staff and which ultimately enables vulnerable children to go on to live happy fulfilling lives and enjoy their learning.

### A Case Study - Oxford Spires Academy

Clear Sky have been working 'in residence' in this large citybased setting to provide additional and specialist support to the SENCO with a diverse range of needs. We asked the school to tell us their story -

CS - Can you please tell us a bit about your setting and a broad overview of the types of issues that you have been dealing with in your role as SENCO at Oxford Spires Academy?

OS 'We have 1300 students. Lots of students display problems with communication and interaction. They struggle to articulate what they need to say and express it in a volatile manner.

Students are struggling with their SEMH, which led me to contact Clear Sky to support with this.

CS - Clear Sky have been working with you now for several months. Can you tell us how well your Clear Sky Therapist has integrated themselves into your school community?

OS 'The therapist has become part of the team, join meetings and being around the department. She has contacted parents and found information she needs off her own back and has made herself know to the wider school community. She has lot of resources that need storing and workings in a way that could make mess, but she also cleans down the area and puts all furniture back in its place'

CS -What positive changes have you noticed in your school since Clear Sky started supporting your students?

OS 'One of the major reasons I wanted clear sky to come into OSA was to support and work with students and their parents. The Heart-to-Heart sessions have been a great success, with parents creating a positive forum to discuss topics. Both facilitators are both so welcoming which puts students and parents at ease'



CS - In an ideal world, what else could Clear Sky do to support your school and you in your role at the setting?

OS 'We would want more days. More working with students one to one with their range of therapies. Working with small groups of students and their parents'

"No task is too big or problem to small.

They are solution driven with a child centred approach. They look at all the factors, they are measured with their planning. Jenny is so knowledgeable and approachable so makes it so easy to work with her"

We use a holistic approach working with parents, teachers and other childcare practitioners; whilst keeping the child and play at the heart of everything we do.



## How to get in touch



#### To find out more about how Clear Sky can support your setting:

- Drop us a line at: info@clear-sky.org.uk
- Call us on: 01965 362789
- Connect with us on social media: @clearskycharity
- Visit our website: https://www.clear-sky.org.uk







